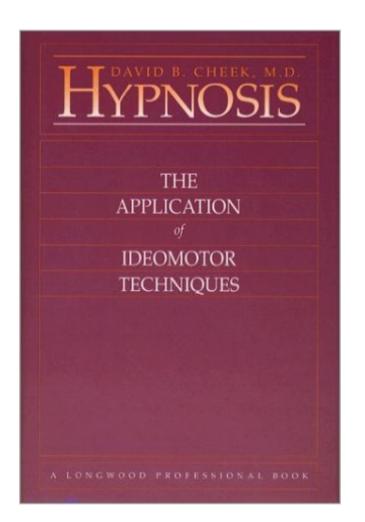
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Hypnosis: The Application Of Ideomotor Techniques





Synopsis

This is a second edition of a thirty-year old classic. The author has 50 years of experience in using hypnosis for psychological as well as medical reasons. He has been teaching the usage of hypnosis techniques for over 30 years. This is written as a handbook \tilde{A}_{2} 2D it's a quick, easy read. Details basic information and background on hypnosis, explains methods, guidelines, and then goes in-depth into uses in pain relief, surgery, dental, and pregnancy issues. It also covers working with habits and self-hypnosis techniques. In-depth coverage of the benefits and usage of ideomotor techniques. Psychologists, doctors, and dentists who use hypnosis in their practices. The general lay public is also the market due to the easy readability of the book and the chapter on self-hypnosis. A Longwood Professional Book.

Book Information

Hardcover: 314 pages Publisher: Allyn & Bacon (December 7, 1993) Language: English ISBN-10: 0205155952 ISBN-13: 978-0205155958 Product Dimensions: 1.2 x 6.5 x 9.5 inches Shipping Weight: 1.5 pounds Average Customer Review: Be the first to review this item Best Sellers Rank: #936,886 in Books (See Top 100 in Books) #29 in Books > Textbooks > Medicine & Health Sciences > Alternative Medicine > Hypnotherapy #82 in Books > Health, Fitness & Dieting > Alternative Medicine > Hypnotherapy #640 in Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Mental Health

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